## Do you have what it takes to be a Firefighter?

The following list of questions has been designed to help you decide whether being a Firefighter is really for you. Simply tick Yes or No to each of the following questions:



| Are you genuinely interested in people?   | Yes | No |
|---|-----|----|
| Can you get on with people from different backgrounds and cultures?   | Yes | No |
| Do you want to work as part of a close-knit team?   | Yes | No |
| Can you work under pressure?  | Yes | No |
| Can you think on your feet and solve problems when you know a lot depends on your suggestion?                           | Yes | No |
| Do you have the sensitivity to deal with members of the public when they are distressed, confused or being obstructive? | Yes | No |
| Can you take responsibliity for representing the Service when you are at work and when you are not?                     | Yes | No |
| Are you committed to always mainting and developing your skills?  | Yes | No |
| Are you committed to maintaining your health and fitness?   | Yes | No |
| Are you prepared to work in situations where you may see blood, seriously injured or dead people?                       | Yes | No |
| Are you prepared to talk to people in the local community about fire safety?  | Yes | No |
| Are you a practical person who likes to work with your hands/equipment?   | Yes | No |
| Do you enjoy making things or finding out how things work?  | Yes | No |
| Are you someone who can always be relied on to be somewhere on time?  | Yes | No |
| Are you prepared to work at height?   | Yes | No |
| Are you prepared to work outside in all types of weather, when it is wet and cold?                                      | Yes | No |
| Are you prepared to work unsociable hours?  | Yes | No |
| Are you prepared to work in enclosed spaces?  | Yes | No |
| Are you prepared to carry heavy equipment?  | Yes | No |

## **Firefighter Personal Qualities and Attributes**

Can you demonstrate the following list of personal qualities and attributes associated with being a Firefighter:



| <b>Commitment to Diversity and Integrity -</b> understands and respects diversity and adopts a fair and ethical approach to others  | Yes | No |
|---|-----|----|
| <b>Openness to Change -</b> is open to change and actively seeks to support it  | Yes | No |
| <b>Confidence and Resilience -</b> maintains a confident and resilient attitude in highly challenging situations                    | Yes | No |
| <b>Working with Others -</b> works effectively with others both within the Fire and Rescue Service and in the community             | Yes | No |
| Effective Communication - communicates effectively both orally and in writing   | Yes | No |
| Commitment to Development - committed to and able to develop self and others  | Yes | No |
| <b>Problem Solving -</b> understands, recalls, applies and adapts relevant information in an organised, safe and systematic way     | Yes | No |
| <b>Commitment to Excellence -</b> adopts a conscientious and proactive approach to work to achieve and maintain excellent standards | Yes | No |